



RACE INFO

Races start from 8.00am

8:00 Race 1: Novelty Event 4km.

Novelty Event RULE: Each team to be eligible to race must consist of:

1 juniors, 1 novice, 1 open, 1 Master, 1 SM, 1 GM.

You can find the other paddlers from other clubs.

Start asking around at the regattas leading up to this race.

Koa Kai & Maia have juniors that could be shared with other clubs that have seniors.

9:30 Race 2: Men, Women & Mixed Short Course 8km

11:00 Race 3: Women & Mixed Long Course 16km

13:00 Race 4: : Men Long Course 16km

15:00 Presentation

To be held on the beach at the conclusion of the day.

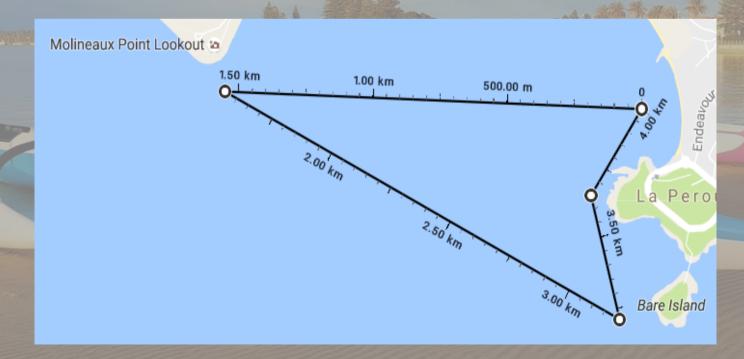
ALL CANOES MUST HAVE STORM COVERS, 2 BAILERS, 25m TOW ROPE, SPARE PADDLE and 6 LIFE JACKETS.

COMPETITOR INFORMATION

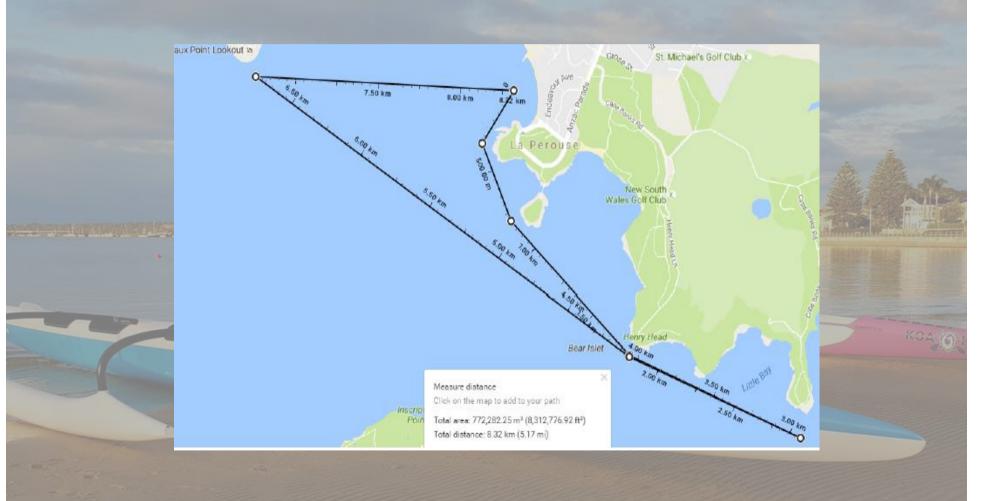
Race Information

PLEASE NOTE: Race courses subject to conditions on the day.

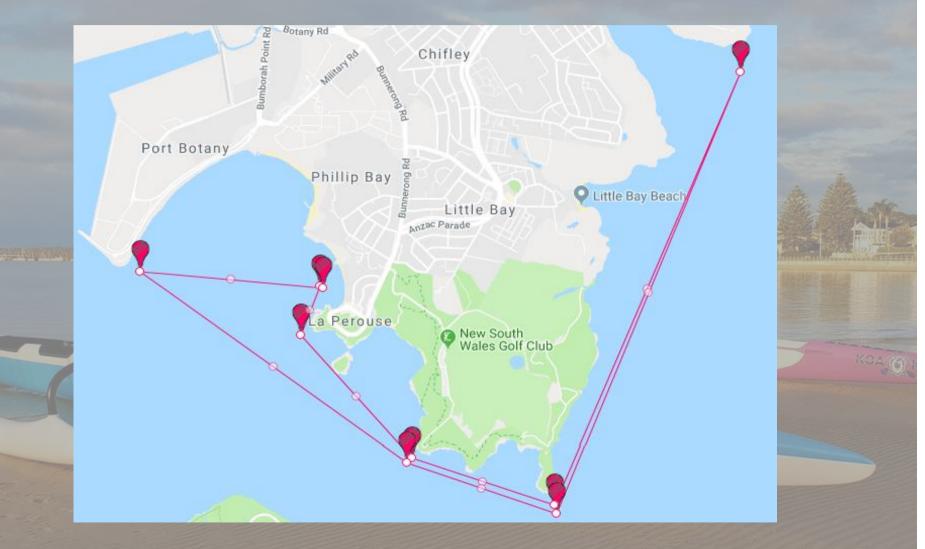
*Novelty Race 4km - Head down towards Molineaux Point ama turn then head up to Bare Island ama turn to head back home in to the beach between the starting flag and the beach.



Short Course 8km - Head down towards Molineaux Point Lookout make an ama turn then head down towards Cape Banks, make another ama turn and head back in to the beach between the starters mark and beach.



Long Course 16km – stay clear of the headland passing Bare Island around Henry Head start heading North towards Little Bay Beach, ama turn, then come back towards Molineaux Point non ama turn and head into the beach between the start line and beach.



NOMINATIONS

Club Nominations
5th Feb 2019 Online at www.aocra.com.au

Team Nominations

14th Feb 2019 online at <u>www.aocra.com.au</u>

Race Entry Fees

Novelty Event: \$15.00 per paddler (\$90.00 per crew) *

Short Course: \$30.00 per paddler (\$180.00 per crew)

Long course: \$40.00 per paddler (\$240.00 per crew)

Race fees must be paid ON ONLINE

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Koa Kai & Maia have juniors that could be shared with other clubs that have seniors.

AGE DIVISIONS

Age Divisions for Junior Competitors Junior division competitors shall not have reached the age of 20 years during the race year of competition or be 10 years of age during the calendar year of competition.

Age Divisions for Senior Competitors.

Open - 20 yrs and above
Masters - 40 yrs and above
Senior Masters - 50 yrs and above
Golden Masters - 60 yrs and above
Platinum Masters - 70 yrs and above

Note: there must be three (3) teams to make a division

Competitor Information

Conditions of eligibility

- 1. Only a competitor who is a financial member of a club affiliated with AOCRA Inc. and is a current registered competitor with AOCRA Inc. is eligible to nominate and compete in any event.
- 2. AOCRA Inc., the Race Director, or the Race Committee reserves the right to request proof of identity or age [i.e. ID card with photograph] of a competitor at any time.
- 3. The Race Committee reserves the right to be the arbiter in any dispute regarding eligibility and registration of competitors. The Race Directors decision is final.
- 4. The REGATTA RULES [as amended] of the Australian Outrigger Canoe Racing Association Incorporated shall apply.

For full details of these rules, please refer to www.aocra.com.au

5. All OC6 will be required to carry 2 bailers, spare paddles, spare water, covers and 25 metre tow ropes and 6 life jackets approved by AOCRA for the events.

Safety Inspection

Members of the zone committee & host club will be performing safety inspections on all canoes. If a canoe fails to meet the required AOCRA Safety guidelines, the canoe will be ineligible to take part in the event.

Parking

There will be parking on Anzac Parade and Endeavour Avenue, with designated areas for trailers to allow easy access to the beach at the roundabout.

Amenities

There will be a BBQ, fruit, snacks and drinks available throughout the regatta. Club tents can be erected in designated areas. Male and Female toilets are provided at Frenchman's Beach Reserve and will be maintained throughout the day.

Safety

Members of the Zone Committee and host club will perform random safety inspections. Canoes not meeting AOCRA Safety Guidelines may be ineligible to race.

Queries/further info
Any queries should be directed to the Race Directors:

Stephen Fletcher 0407 467 228 Tanya Sauer 0401 049 988

DIRECTIONS

From the Princess Hwy turn towards the airport and take the foreshore rd exit towards Little Bay, turn right onto Botany Road, then right onto Bunnerong Road which will take you all the way to Anzac Parade to La Perouse.

From the North:

From the Sydney take the M1 and Bunnerong Rd to Anzac Parade to La Perouse, parking in Anzac Parade and surrounding streets.

